

## **Provincials Schedule- 2017**

### **Friday May 12**

4:00-8:00pm – Open training (Level 3 – 6)

### **Saturday May 13**

7:30-8:00am – Run & Stretch

#### **Level 1 & 2 Prelims**

##### **Trampoline**

8:00-8:30am – Level 1 (Flight 1)

8:30-9:00am – Level 1 (Flight 2)

9:00-9:30am – Level 2 (Flight 1)

9:30-10:00am – Level 2 (Flight 2)

##### **Synchro**

10:00-10:30pm – Level 1 and 2 (11 teams)

##### **DMT**

10:40-11:00am – Level 1 (Flight 1)

11:00-11:20am – Level 1 (Flight 2)

11:20-11:40pm – Level 2 (Flight 1)

11:40-12:00pm – Level 2 (Flight 2)

##### **Tumbling**

10:40-11:00am – Level 2 (Flight 1)

11:00-11:20am – Level 2 (Flight 2)

11:20-11:40pm – Level 1 (Flight 1)

11:40-12:00pm – Level 1 (Flight 2)

### **12:15pm Opening Ceremonies**

#### **Level 3-National Prelims**

##### **Tumbling**

12:30-1:00pm – Level 3 (Flight 1)

1:00-1:30pm – Level 4-5 (Flight 1)

##### **DMT**

1:30-2:00pm - Level 3 (Flight 1)

2:00-2:30pm – Level 4 and 6 (L6 passes 1 and 2)

2:30-3:10pm – Level 5 and 6 (L6 passes 3 and 4)

##### **Trampoline**

3:30-4:00pm – Level 3 (Flight 1)

4:00-4:30pm – Level 3 (Flight 2)

4:30-5:00pm – Level 4 and 5 (Flight 1)

##### **Synchro**

5:00-5:30pm – Level 3 (Flight 1)

**Sunday May 14**

8:00-8:30am – Run & Stretch

**Level 1 and 2 Finals**

**DMT**

8:30-8:50am – Level 1

8:50-9:10am – Level 2

**Tumbling**

9:10-9:30am – Level 1

9:30-9:50am – Level 2

**Trampoline**

10:00-10:30am – Level 1

10:30-11:00am – Level 2

**Level 1 and 2 awards**

**Level 3 to 6 Finals**

**Trampoline**

11:40-12:10pm – Level 3

12:10-12:40 – Level 4 and 5

**Tumbling**

12:40-1:10pm – Level 3

1:10-1:40pm – Level 4-5

**DMT**

1:40-2:00pm – Level 3

2:00-2:30pm – Level 4 and 6

2:30-3:00pm – Level 5

**Level 3 to 6 awards to follow**