



WAG JO Levels 3-5 Training Camp & Coach Workshop



Location:

Gymnastiks of Moose Jaw
1599 Main Street North
Moose Jaw, Saskatchewan
December 3-4, 2016

Registration Deadline: November 18, 2016

Schedule (Tentative)

December 3: 9:30 am – 12:30 pm	Coaches Session
1:30 pm – 4:30 pm	JO 4 athlete training
5:30 pm – 8:30 pm	JO 5 athlete training
December 4: 9:00 am – 12:00 pm	JO 3 athlete training
1:00 pm – 4:00 pm	JO 3 athlete training

❖ JO 3 groupings will be determined once registration has been received.

Coaches should attend with their athletes and are encouraged to stay for the whole weekend.
Coaches who do not have athletes at these levels are also welcome to attend.

We are pleased to announce that we have a guest coach coming from Pegasus Gymnastics Club in Calgary Alberta for this training camp & coach workshop! Deanna Critchley is a Level 3 certified women's coach and has over 12 years of competitive coaching and judging experience. She currently coaches a group of JO 3's at Pegasus Gymnastics Club. This will be a great learning opportunity for our athletes and coaches!

REGISTER TO:

Gymnastics Saskatchewan
Phone: 306-780-9229
Fax: 306-780-9475
Email: crussell@gymsask.com
1870 Lorne St., Regina, SK
S4P 2L7

Registration Cost:
\$50 per Athlete

VISIT www.gymsask.com TO VIEW UP-TO-DATE CAMP INFORMATION

WAG JO Levels 3-5 Training Camp & Coach Workshop **REGISTRATION**



Club:	Contact Name:
Email:	Phone #:

	Athlete's Name	Birth Year	JO Level
1			
2			
3			
4			
5			
6			
7			
8			
9			
10			
11			
12			
13			
14			
15			
16			
17			
18			
19			
20			

	Attending Coach's Name
1	
2	
3	
4	
5	

Number of Athletes _____ x \$50 = _____

TOTAL PAID: _____ (add \$10 late fee per athlete after deadline)

METHOD OF PAYMENT:

- Cheque *Please make cheque payable to Gymnastics Saskatchewan*
- Visa MasterCard

Name on Card:	
Card #:	Expiry Date:

IMPORTANT NOTES:

- Registrations must be received by November 18, 2016
- A \$10 late registration fee per athlete will apply to registrations received after the deadline.