

Gymnastics Saskatchewan

in partnership with

YORKTON SPRINGERS

welcomes you to the

# 2016 PROVINCIAL CHAMPIONSHIPS

MAY 12<sup>th</sup> to 15<sup>th</sup>

**Provincials**  
Gym Sask



Nexera Flexihall

455 Broadway Street West, Yorkton, SK



## BULLETIN #2

---

The 2016 Provincial Championships will crown champions in Provincial and National levels for all four gymnastics disciplines:

- Women's' Artistic Gymnastics
- Men's' Artistic Gymnastics
- Trampoline Gymnastics
- Rhythmic Gymnastics

**Registration Deadline is approaching: April 25<sup>th</sup>, 2016**

### Registration Process and Deadline

---

The Registration Spreadsheet can be found on the Gym Sask website - just click on the Provincials item on the Event Calendar.

Excel Registration forms - including Judge Registrations - must be emailed to [crussell@gymsask.com](mailto:crussell@gymsask.com) by **APRIL 25<sup>th</sup>**.

Cheques (with a copy of the summary sheet) must be mailed to the Gymnastics Saskatchewan, 1870 Lorne St. Regina S4P 2L7. Envelopes must be postmarked no later than April 25<sup>th</sup>.

Athlete waivers should be mailed to Gym Sask with the cheque and summary.

**A late registration fee of \$25/athlete will be applied after April 25<sup>th</sup>.**

Refunds will be issued for medical reasons only upon receipt of a doctor's certificate, less processing fee of \$15.00.

### Judge Fines

**Judging fines are as per the Technical Regulations for each discipline.**

Judges' names MUST be submitted in the registration spreadsheet by **April 25<sup>th</sup> or a fine of \$25 per required judge will be applied in addition to any judging fines.**

**Judging fines are as per the Technical Regulations for each discipline.**

**Final Schedules** will be circulated after registrations are received.

## **Competition Venue**

---

The Event will be held in the Nexera Flexihall, the north building of the Gallagher Centre.

The Gallagher Centre also houses the Farrell Agencies Arena, WaterPark with waterslide, and conference facilities. The Gallagher Centre is across from the Painted Hand Casino and the host hotel, Home Suites.

***No Outside Drinks or Food Allowed in the Venue***

## **Parking**

Event parking is free on site. All delegates and spectators are asked to park on the east side upon entrance to the grounds.

## **Water Bottles**

Athlete's are encouraged to bring a water bottle to refill using the water coolers in the venue. Coaches and Judges will receive a water bottle.

## **Equipment**

---

AAI/Skyline Athletics is the provider for WAG, MAG apparatus. List of items available for purchase at: <http://www.gymsask.com/event/gym-sask-provincial-championships/>

Thank you to Wascana Rhythmic Gymnastics Club, Gymtastiks Moose Jaw and QCK Gymnastics for their support and coordination of the transportation of TG and RG equipment.

## **Music**

---

Clubs are required to bring music on CD. Please label them clearly with Athlete Name, Club and Level.

## **Medical**

---

Medical coverage for athletes (emergency first response, physiotherapy, massage) will be provided by the Sport Science and Medicine Council of Saskatchewan. St. John's Ambulance will be available for public.

In case of emergencies: Yorkton Regional Health Centre, 270 Bradbrooke Dr. (306) 782-2401

## **Results**

---

Will be posted at <http://gym-score-depot.ca/SK-Prov-2016/>

## Merchandise

---

Event clothing is available for pre-sale using the order form below. Clubs are asked to circulate the attached order form and return completed orders to Yorkton Springers by Thursday April 28<sup>th</sup> at 4:00pm to [mail@yorktonspringers.com](mailto:mail@yorktonspringers.com)

## Additional Vendors on Site

Extravadance Wear, Di's Designs, Piper Sports Photography, and Thing A Ma Gyms

## Admission (Cash Only)

---

\$10 for adults

\$15 for weekend pass

12 and under free

\$5 for programs

\$5 for roses

## Inquiries

---

Yorkton Springers  
(306) 786-6676  
[mail@yorktonspringers.com](mailto:mail@yorktonspringers.com)

Gymnastics Saskatchewan  
Alynn Brischuk  
[alynnbrischuk@sasktel.net](mailto:alynnbrischuk@sasktel.net)

# PROVINCIALS 2016

## Draft Schedule ver. 2

April 15 2016

	WAG	MAG	TG	RG
FRIDAY, MAY 13 <sup>TH</sup>				
9:30-12:00	<b>Open Gym</b> <small>L8, L9, L10, Aspire, National</small>			
Session 1 12:00-4:00pm	<b>Level 3 (2006-2007)</b> <b>(30)</b>			
Session 2 4:00-8:00pm	<b>Level 3 (2005+) (45)</b>	<b>Open Gym</b> <small>P4-Elite</small>	<b>Open Gym</b> <small>L3-National</small>	<b>Open Gym</b> <small>L3-National</small>
SATURDAY, MAY 14 <sup>TH</sup>				
Session 3 8:00am-12:00pm	<b>Level 4 &amp; 5 (40)</b>		<b>P1-2 Prelims</b> <b>(55)</b>	
Session 4 12:00pm-4:00pm	<b>Level 9,10, National,</b> <b>Aspire (17)</b>	<b>P4-Elite</b> <b>(18)</b>	<b>P3 - Nat Prelims</b> <b>(25)</b>	<b>Day 1</b> <b>Level 3B-National</b> <b>Groups Routine 1</b>
Session 5 4:00-8:00pm	<b>Level 7 &amp; 8 (18)</b>	<b>P1-3</b> <b>(35)</b>	<b>P1-2 Finals</b>	<b>Level 1, 2, 3A, 4A</b>
GYM SASK COACHES & OFFICIALS SOCIAL 8:30pm BMO Sports Lounge Gallagher Centre				
SUNDAY, MAY 15 <sup>TH</sup>				
Session 6 8:30am-12:30pm	<b>Level 6 (45)</b>		<b>P3 - Nat Finals</b>	<b>Day 2</b> <b>Level 3B-National</b> <b>Groups Routine 2</b>

*Open Gym: available upon request for designated levels only via email by May 6<sup>th</sup>: [alynnbrischuk@sasktel.net](mailto:alynnbrischuk@sasktel.net)*

### Coaches, Judges, Volunteers Social

The **Gym Sask** Board of Directors and Staff would like to thank you for all that you have contributed to our sport and to our athletes this year. Please join us at the **BMO Sports Lounge, in the Gallagher Centre** on Saturday, May 14<sup>th</sup>, 8:30pm for an informal time of fun and friendship.

Name:

Club:

Clothing Item	Description	Cost	Clothing Size	
<u>Baseball T</u> S3526 / Y3526 - White body with black sleeves.	- One Color Print (Front and back) <b>Screen Printed</b>	<b>\$30</b>	Youth	Adult
<u>Hoodies</u> Gildan 1850 / 185B - Athletic Grey	- Full Color Print (Front and back) <b>Screen Printed</b>	<b>\$50</b>	Youth	Adult
<u>Hoodies</u> Gildan 1850 / 185B - Black	- One Color Print (Front and back) <b>Screen Printed</b>	<b>\$45</b>	Youth	Adult
<b>Please make cheques payable to Springers Gymnastics.</b>		<b>Total</b>		

