



# PROVINCIALS 2015

## Detailed Schedule



March 31, 2015

	WAG	MAG	TG	RG
<b>FRIDAY, APRIL 10<sup>TH</sup></b>				
9:30-12:00	<b>Open Gym</b> P5-National	<b>Open Gym</b> P4-National		
Session 1	<b>P1</b> 1:00 General Warmup 1:20 March In		<b>Open Gym</b> 1:30-3:30	
Session 2	<b>P4</b> 5:00-5:20 General Warmup 5:30 March In	<b>WCSG Trials</b> 5:00 General Warmup 5:30 March In - Timed Warmup begins on FX 6:30 Competition	<b>P1 Prelims</b> 5:00 General Warmup 5:30 March In	<b>Podium Training</b> WRGC 4:00-6:00 PRGC 6:00-7:00
<b>SATURDAY, APRIL 11<sup>TH</sup></b>				
Session 3	<b>P2</b> 8:30-8:50 General Warmup on RG Floor 9:00 March In, Competition	<b>P1/2</b> 8:15 General Warmup 8:45 Floor Warmup 9:00 March In, Timed Warmup 9:45 Competition	<b>P1 Finals &amp; Synchro</b> 8:30 General Warmup 9:00 March In 11:15 Synchro Warmup 11:45 Synchro Compete	
Session 4	<b>P3</b> 12:30-12:50 General Warmup on RG Floor 1:00 March In, Competition	<b>P 3/4/5</b> 12:15 General Warmup 12:45 Floor Warmup 1:00 March In, Timed Warmup 1:45 Competition	<b>Open Gym</b> 1:30-3:30	<b>General Warmup</b> 2:45-4:25
<b>4:30 GYMNASTICS SHOWCASE ATHLETE MARCH IN</b>				
Session 5	<b>P5/Nat/CPN</b> 4:45-5:05 General Warmup 5:15 Competition	<b>Nat/Elite</b> 4:00 General Warmup 4:45 Timed Warmup 5:45 Competition	<b>P2 - Nat Prelims</b> 4:00 General Warmup 4:45 Competition	<b>RG Day 1</b> <b>Level 3-National</b> 4:45-8:00
<b>GYM SASK SOCIAL 8:30 Heritage Inn</b>				
<b>SUNDAY, APRIL 12<sup>TH</sup></b>				
7:00				<b>General Warmup</b> 8:00-9:45
Session 6 9:00			<b>P2-Nat Finals</b> 9:15 General Warmup 9:45 March In	<b>RG Day 2</b> <b>Level 1-National</b> 9:45-1:30
Session 7 12:30				

### RG Detail

- **Saturday, April 11** (Day 1 - 1st Group routine + Level 3B, 3C, 4C, 5A, 5B, 6B, 6C, National Individual (1st and 2nd routines))
- **Sunday, April 12** (Day 2 - Level 1B, 2A, 2B, 3A, 4A (1st and 2nd routines) + 3B, 3C, 4C, 5A, 5B, 6B, 6C (3rd routine) + National (3rd and 4th routine) + 2nd Group routine)