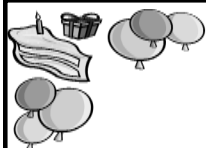


**ONLINE Registration begins:  
Wednesday, August 3rd @ 9am  
[www.gymnasticsadventure.ca](http://www.gymnasticsadventure.ca)**

- By phone or in-person begins Wednesday, August 10th at 9:00 am.
- All fees must be paid at the time of registration. Payment options available. Please call for more information.
- Every participant is required to pay an annual Gymnastics Saskatchewan fee of \$38 per child and Gym Canada fee of \$8, totalling \$46 per child. The year runs September 1, 2022 to August 31, 2023. This fee is non-refundable once the session begins.
- 15% Discount available for 3 or more children, applied to the lesser of the 3. (Must be siblings).
- Refunds are available if notification is received within the first 2 weeks of classes. A \$20.00 administration fee will be deducted along with the number of classes attended. During the third week of classes, a credit will be issued for a cancelled registration. No credits or refunds will be issued after the third week of classes.
- All NSF cheques will be charged \$25.00.
- Minimum of 5 participants must be registered in order for a class to run. Similar classes may be combined in order to run class times.
- Gym attire: bodysuits, shorts, t-shirts, bare feet, hair tied back (no long baggy pants).
- For class descriptions please see website at [www.gymnasticsadventure.ca](http://www.gymnasticsadventure.ca)
- **Please Note:**
  - Amazing Adventure reserves the right to ask participants to leave a program should they be disrespectful to a coach or staff member.
  - For all levels, if your child cannot work independently you may be asked to assist.
  - If your child is under the age of 12 and participating in a program that is 60 mins or less we require a supervising parent or guardian in the facility at all times.



### Birthday Parties

Gym Party Package	Play Structure Party Package	Ultimate Party Package
* \$175+ gst * includes up to 10 children (each additional child is \$10) * 60 mins of structured gym time with a certified coach	* \$115 + gst * includes up to 15 children (each additional child is \$6) * 60 mins of supervised in-door playground time	*\$200 + gst *includes up to 10 children (each additional child is \$15) *45 mins gym time, 30 mins indoor playground time

**Policies:**  
No outside food or drink permitted in the facility **except** for the birthday cake. **We are a nut-free facility.**

Extras for your party package:

Hot Dog & Juice	\$4.00/child
Pizza and Drink Combo (for 10)	\$40.00
Juice Box	\$1.50 each
Carafe of Coffee	\$14.00
12 Monster Cookies	\$20.00

Please visit our website for more information

*All above prices do not include GST*

*Prices subject to change*

### Indoor Playground & Café Fall Drop-In Hours (beginning September 9th)

Monday-Thursday 9:00-8:00  
Friday, Saturday, Sunday 9:00-2:00

Member Play	\$3.00
Sibling Play	\$3.50
Non-Member Play	\$6.00

We offer a wide variety of specialty coffees and teas as well as a selection of **home-baked** nut-free treats.



## Fall 2022 Programs

Register for Fall Programs  
ONLINE at  
[www.gymnasticsadventure.ca](http://www.gymnasticsadventure.ca)

**Online registration begins:  
Wednesday, August 3rd @  
9:00am**

**In-person registration begins:  
Wednesday, August 10th @ 9:00am**

**First Week of Classes:  
Saturday, Sept. 10th- Friday, Sept. 16th**

**NO CLASSES**  
Monday October 10th—Thanksgiving  
Monday, October 31 (evening only) -  
Halloween  
Friday, November 11th—Remembrance  
Day

**Location:**  
210 Leonard St.  
Regina, SK S4N 5V7  
(306) 789-3133



**Movement Classes**  
FALL 2022 - 10 week session  
Walking to 3 years

	Mon	Tues	Wed	Thurs	Fri	Sat	Sun
<b>Teeny Tadpoles</b> Non Walkers-6 months + 30 min/wk \$161/10 wks	9:45	10:40					
<b>Tiny Tadpoles</b> Walking - 2 yrs 30 min/wk \$163/10 wks	9:30 10:50 2:30 6:10	10:05 5:55	6:25	5:55	9:30	9:10 9:50 10:20 11:00	9:15 9:50 10:25 11:00
<b>Wee Tadpoles</b> 2 yrs-2.5 30 min/wk \$163/10 wks	10:05 10:50 2:30 5:35	9:30 6:10	5:50	6:30	10:05	9:35 10:00 10:55 11:30	9:30 10:05 10:40 11:15
<b>Tumbling Tadpoles</b> 2.5 - 3 yrs 30 min/wk \$169/10 wks	9:20 10:20 2:00 5:35 6:10	9:30 10:25 10:55 1:00 5:50 6:30	5:55 6:30	6:05 6:20	9:30 10:40	9:00 9:15 9:45 10:25 10:35 11:05 1:20	9:10 9:55 10:20 10:30 10:55 11:40 12:20

**Pre-school Gymnastics Classes**  
FALL 2022 - 10 week session  
3 to 5 years

	Mon	Tues	Wed	Thurs	Fri	Sat	Sun
<b>Gym Frog 1</b> 3- 4 yrs 45 min/wk \$221/10 wks (Must be independent)	9:55 10:40 1:00 4:45 5:55	9:20 10:05 1:30 5:00	5:00 5:50	5:30	10:25	9:05 10:05 11:00 12:35	9:10 10:00 11:45
<b>Gym Frog 2</b> 3.5 - 4.5 yrs 45 min/wk \$221/10 wks	9:55 10:40 1:00 4:45 5:55	9:20 10:05 1:30 5:00	5:00 6:40	6:20	10:25	9:05 10:05 11:00 12:35	9:10 10:00 11:45
<b>Gym Frog 3</b> 4.- 5yrs 1 hr/wk \$256/10 wks	9:20 10:25 1:00 4:50 6:40	9:20 10:10 5:50	4:50 5:55 7:00	7:00	9:20	9:00 9:55 11:35 1:00	9:15 10:50 1:00
<b>Gym Frog 4</b> 4- 5yrs 1 hr/wk \$256/10 wks (must have passed Gym Frog 3)	9:20 10:25 1:00 4:50 6:40	9:20 10:10 6:25	4:50 5:55 7:00	7:00	9:20	9:00 9:55 11:35 1:00	9:15 10:50 1:00
<b>Super Frog</b> *Completed Gym Frog 3 5-6 yrs 1.5 hrs/wk \$303/10wks		1:00		5:00		11:00	

**Specialty Movement Classes**  
FALL 2022 - 10 week session  
5 to 12 years

	Mon	Tues	Wed	Thurs	Fri	Sat	Sun
<b>Intro to Tumbling</b> 6 yrs and older 1 hr/wk \$256/10 wks	5:55						9:15
<b>Advanced Tumbling</b> 7 yrs and older 1.5 hrs/wk \$303/10 wks				5:00		9:30	
<b>Mini Ninja</b> 4-5yrs old 45 min/wk \$221/10 wks		5:55					11:40
<b>Little Ninja</b> 5 - 7yrs old 1 hr/wk \$256/10 wks	1:45	4:50 6:45		5:55	10:05	11:15	10:30
<b>Parkour</b> 8 yrs and older 1 hr/wk \$256/10 wks				7:05			9:20
<b>Acrobatics Gymnastics</b> Lv 1-3 7 yrs and older 1.5 hr/wk \$303/10 wks							11:00

We are continually adding classes and changing class times to better accommodate your needs.

Go to our website, [www.amazingadventure.ca](http://www.amazingadventure.ca) to see class descriptions and changes.  
\*GST and PST not included in prices  
\*\*Annual Gym Sask/Gym Canada Fee not included in prices.

**Mini Adventures**

**Coming Up**

<b>Mini Adventure</b> Down on the Farm Walking and up \$23	Thursday, September 29th 10:00AM-11:15AM
<b>Mini Adventure</b> Halloween Party! Walking and up \$23	Wednesday, October 26th 10:00AM-11:15AM
<b>Mini Adventure</b> Ahoy Matey! Walking and up \$23	Thursday, November 24th 10:00AM-11:15AM

**School Age Gymnastics**  
FALL 2022 - 10 week session  
6 to 16 years

	Mon	Tues	Wed	Thurs	Fri	Sat	Sun
<b>Girls Introductory</b> 6 - 8 yrs 1 hr/wk Level 1 and 2 \$256/10wks	4:50 7:00	4:50 7:05	7:00	4:50 6:55		9:30 12:30	9:20 1:00
<b>Girls Intermediate</b> 7 yrs and older *Completed Introductory 1.25 hr/wk Level 3 and 4 \$279/10 wks	5:00 6:45	4:50	7:00	4:45 6:40		10:35 12:30	10:20 12:45
<b>Girls Advanced</b> 8 yrs and older *Completed Intermediate 1.5 hrs/wk Level's 5 - 7 \$303/10 wks	6:20			6:45		12:20	
<b>Boys Gymnastics and Trampoline</b> 6 yrs and older 1 hr/wk Level 1 - 4 \$256/10 wks				4:50			10:30

**Trampoline and Tumbling Classes**  
FALL 2022 - 10 week session  
6 to 16 years

	Mon	Tues	Wed	Thurs	Fri	Sat	Sun
<b>Trampoline &amp; Tumbling Introductory</b> 6 - 8 yrs 1 hr/wk \$256/10 wks	7:05	6:55	4:50			11:40	11:30
<b>Trampoline &amp; Tumbling Intermediate</b> 7 yrs and older 1.25 hr/wk \$279/10 wks			7:00	5:00		11:15	11:45
<b>Trampoline &amp; Tumbling Advanced</b> 8 yrs and older *Completed Intermediate 1.5 hrs/wk \$303/10wks				6:40		11:00	
<b>Pre Teen Gymnastics and Trampoline</b> 9-12 yrs old 1.5hrs/wk \$303/10 wks		6:45				1:15	
<b>Teen Gymnastics and Trampoline</b> 12 yrs and older 1.5hrs/wk \$303/10wks				7:15			