

Provincials Schedule- 2018

Friday May 12

10:00-12:00pm – Open training (Level 4 – Senior)

Level 1 – 3 Prelims

12:00-12:30 – Run & Stretch

Trampoline

12:30-1:00pm – Level 1 (Flight 1)
1:00 – 1:30pm – Level 1 (Flight 2)
1:30 – 2:00pm – Level 1 (Flight 3)
2:00 – 2:30pm – Level 2 (Flight 1)
2:30 – 3:00pm – Level 2 (Flight 2)
3:00 – 3:30pm – Level 3 (Flight 1)

DMT

12:30-1:00pm – Level 3 (Flight 1)
1:00 – 1:30pm – Level 2 (Flight 1)
1:30 – 2:00pm – Level 2 (Flight 2)
2:00 – 2:30pm – Level 1 (Flight 1)
2:30 – 3:00pm – Level 1 (Flight 2)
3:00 – 3:30pm – Level 1 (Flight 3)

Tumbling

3:30 – 4:00pm – Level 2 (Flight 1)
4:00 – 4:30pm – Level 1 (Flight 1)
4:30 – 5:30pm – Level 1 (Flight 2)
5:30 – 6:00pm – Level 1 (flight 3)
6:30 – 7:00pm – Level 3 (Flight 1)

Saturday May 13

8:00 – 8:30am – Run & Stretch

Level 1 -3 Finals

Trampoline

8:30 -9:00am – Level 1
9:00-9:30am– Level 2
9:30-10:00am-Level 3

DMT

8:30-9:00am – Level 3
9:00-9:30am – Level 1
9:30 – 10:00am– Level 2

Tumbling

10:00 – 10:30am – Level 1
10:30-11:00am – Level 2
11:00 –11:30am – Level 3

*Awards for Level 1-3 after Welcoming Ceremonies

11:45AM Welcoming Ceremonies

Level 4-National Prelims

12:15-12:45 – Run & Stretch

Tumbling

12:45-1:30pm – Level 4-6 (Flight 1)

DMT

1:30- 2:15pm – Level 4 and 6/Senior (L6 passes 1 and 2)
2:15- 3:00pm – Level 5 and 6/Senior (L6 passes 3 and 4)

Trampoline

3:00-3:45pm – Level 4
3:45-4:30pm – Level 5/6

Synchro

4:30-6:30pm– All levels

*awards to follow

Sunday May 14

8:00-8:30am – Run & Stretch

Level 4-National Finals**DMT**

8:30-9:15am – Level 4 & 6/Senior

9:15-10:00am – Level 5 & 6/Senior

Tumbling

10:00-10:30am – Level 4-6

Trampoline

10:00-10:45am – Level 4

10:45-11:30am – Level 5/6

*awards to follow

Numbers:

Level 1

Tramp – 35

Mini – 31

Tumbling – 25

Level 2

Tramp – 15

Mini – 14

Tumbling – 7

Level 3

Tramp – 13

Mini – 13

Tumbling – 8

Level 4

Tramp – 8

Mini – 6

Tumbling – 9

Level 5

Tramp – 5

Mini – 7

Tumbling – 2

Level 6/Senior

Tramp - 2

Mini - 4

Tumbling - 2