



TEAM ADVENTURE

**2015-2016
Cheer Parent's Guide**

A child's activity center

CHEER TEAM ADVENTURE

Welcome to Team Adventure!!!

Team Adventure is made up of three programs: Women's Artistic Gymnastics (WAG), Trampoline and Tumbling (T&T) and Cheer.

Team Adventure is governed by Gymnastics Adventure Assoc. Inc. and T&T Adventure Club Inc. The program and facility is run by A-mazing Adventures Inc.

Coaching Philosophy

Team Adventure encourages athletes, through positive reinforcement, individualization and quality coaching, to strive toward his or her personal best at whatever level of achievement they aspire to.

Facility Philosophy

A-mazing Adventures is an activity facility that provides opportunity for active living and play. Through this process, A-mazing Adventures is a safe and welcoming environment that promotes physical activity of children, youth and families.

The staff and coaches of A-mazing Adventure are very excited about the upcoming competitive season. We are very fortunate to have a great coaching and administrative staff. In addition, our 28,000 sq. ft. exceptionally equipped facility is the envy of many in Canada.

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Parent's Guide

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Cheerleading Team Adventure Programs

Divisions

Tiny Division (3hrs)

This division was created for athlete's age 0-5. It introduces athletes to flexibility and regular training. We look to introduce athletes to drills which will create a solid foundation on which to build their cheerleading skills. Athletes focus on the main body positions used in cheer and master basic locomotion. Athletes will attend the Saskatchewan Provincial Championships and will compete across the province with the majority of their competitions taking place in Saskatoon and Regina.

Mini Division (3 hrs)

This division was created for athlete's age 5-8. It serves as an entry level competitive program that aims to teach novice cheerleaders the fundamental progressions of stunts, build a firm foundation in tumbling and flexibility and provide athletes with cardiovascular training and stability strengthening to support themselves in all aspects of the sport. Athletes will attend the Saskatchewan Provincial Championships and will compete across the province with the majority of their competitions taking place in Saskatoon and Regina.

Youth Division (4 hrs)

This division is offered to athletes age 11 and under. This is the start of an athlete's high performance career. Athletes will be challenged to further their skills into more advance stunting and tumbling skills. Athletes will attend the Saskatchewan Provincial Championships and will compete across the province with the majority of their competitions taking place in Saskatoon and Regina.

Junior Division (5 hrs)

This Division is open to all athletes ages 14 and under. It focuses on furthering athletes' skill development to an advanced level and starts to specify athlete positions on the team into flyers, thirds, main base, and supporting base. This division begins to offer competitions in and out of province at higher skill levels. Athletes will travel both nationally and internationally to compete at highly ranked competitions. They will attend as many local competitions as possible

Senior Division (6 hrs)

This Division is offered to athletes ages 18 and under. It is the highest competitive cheerleading division that is offered. Athletes will strive to execute skills at an elite level. This division focuses on the strength and conditioning aspect of cheerleading to allow athletes to perform elite skills safely in a controlled environment. Athletes will travel both nationally and internationally to compete at highly ranked competitions. They will attend as many local competitions as possible.

Open Division (9hrs)

This division was created for athlete's age 12 and up. It introduces athletes to flexibility and regular training. Athletes will push to perfect skills at an elite level and compete at a world class standard.

Levels

Athletes progress at different rates within their respective division. Levels are designed to further specify an athletes training and continue to challenge them regardless of skill level.

Level 1

This is the introductory level. Athletes focus on remedial stunting mounts and dismounts while only being allowed to lift athletes to chest height. Tumbling focuses on the perfection of cartwheels, round offs and walkovers.

Level 2

This is the intermediate level. Athletes focus on more intricate stunting mounts and dismounts. Athletes are now lifted above head height while remaining on two feet. Tumbling advances toward handsprings in both running tumbling and standing tumbling.

Level 3

This is the advanced level. Athletes are taught to invert in and out of stunts while being supported by another athlete. Flyers are now able to be lifted above head height on one foot. Tumblers train toward executing inverting skills in running tumbling while furthering their standing tumbling to series handsprings.

Level 4

This is the elite level. Athletes train toward twisting in their stunting progressions, while adding more advanced air positions into their stunts. Tumblers are trained to perform lay out inversions and are taught to invert from a standing position.

Level 5

This is the highest level in terms of tumbling skills. Athletes push to incorporate twisting in as many tumbling skills as possible. Athletes are also taught to twist into and out of stunts the maximum high allowed. Athletes will also learn multiple skills in aerial skills

Commitment

Cheerleading is a sport that requires full team participation. Attendance is always mandatory for practices as well as competitions. Athletes are required to purchase uniforms, the proper footwear, and all mandatory team training gear.

TEAM ADVENTURE General Information

Registration Procedures:

- All outstanding fees from the previous year must be paid in full before an athlete is permitted to register for the new season
- Registration for athletes July 1, 2015
- Registration and Electronic Funds Transfer forms are attached and must be filled out in order to be considered registered

Methods of Payment:

Payments are made through Electronic Funds Transfer (EFT) which can be set up through MasterCard, visa or a bank account. Payments are transferred automatically the first of each month. The EFT form is attached to this guide.

For Athletes that train 3 hours per week (8 month program)

- Payment for 2015-2016 season begins September 1st, 2015 and end April, 2016
- Membership fees are added to September's payment
- Buyouts for commitments are processed in December and April

For Athletes that train 4-5 hours (9 month program)

- Payment for 2015-2016 season begins September 1st, 2015 and end May, 2016
- Membership fees are added to September payment
- Buyouts for commitments are processed in December and May

For Athletes that train 6+ hours (10 month program)

- Payment for 2015-2016 season begins September 1st, 2015 and end June, 2016
- Membership fees are added to September payment
- Buyouts for commitments are processed in December and June

Methods of Communication:

Competitive Blog

Important information will be posted to the blog, including upcoming events and messages from our coaches. It is your responsibility to check our blog frequently.

Please bookmark the blog: www.gymnasticsadventure.ca/parents-information

E-mail

Our primary method of communication will be via e-mail so it is very important that you provide us with a valid e-mail that you check regularly.

Phone

We will make phone calls if the matter is urgent or very time sensitive.

2015-2016 Tuition Fees

Policies

- ◇ All outstanding fees from the previous year **MUST** be paid in full prior to registration for the new year.
- ◇ No reduction in fees are allowed for any voluntary absences from training (i.e. vacation).
- ◇ There will be an interest charge of 3.25% per month for accounts more than 30 days in arrears. If your account is overdue by 14 days, your child will not be permitted to train, or compete at any competitions.
- ◇ A \$25.00 NSF charge will apply each time an electronic funds transfer is denied.
- ◇ Fees are based upon a 8/9/10 month structure are divided by 8/9/10 to arrive at a monthly amount, which is withdrawn the first of every month starting September until the program is complete.
- ◇ If an athlete is injured and cannot train or participate in workouts for more than a month, a fee adjustment for tuition only may be considered if a doctor's note is provided. The administration office must be contacted when an athlete cannot train due to injury.
- ◇ Injured athletes are expected to participate in training activities as much as possible. It is very important that conditioning and working specific skills continue. This allows the gymnast to return to pre-injury levels more quickly.

Please see attached 2015-2016 Competitive Fee Structure (pg. 15)

PRACTICE CANCELLATIONS

Inevitably, there will be practise cancellations due to conflicts, most often due to competitions. We will also cancel training on statutory holidays and Christmas break so our staff can enjoy time with their families.

REFUND POLICY

If your athlete chooses to leave Team Adventure, at any time, a one month's notice is required and the charges for that month will be applied to your account.

FAMILY and MULTIPLE DISCIPLINE DISCOUNTS

Team Adventure is pleased to provide family discounts for families with more than one child registered in a competitive program of 6 hrs or more per week:

Fees: 20% discount will apply to the 2nd and 3rd child's fees

Bingo: no discount

Cleaning and Volunteer Commitments: 20% off the total number of hours

Team Adventure is pleased to provide athletes who wish to participate in more than one Team Adventure Program with a discount.

Fees: 20% discount will apply to the lowest tuition amount

Bingo Commitments: no discount

Cleaning and Volunteer Commitments: 50% off the total number of hours

2015-2016 Membership Fees

Policies

- All membership fees are non-refundable.
- Membership fees are included as part of September's tuition payment.

2015 - 2016 Membership fees

1. Saskatchewan Cheerleading Association (July 1st to June 30th): \$15.00
2. Gymnastic Adventure Membership \$120.00

The decision to join Team Adventure is a significant commitment. The tuition and membership fees are based on 8/9/10 month schedule.

Athletes do not move onto and off the team based on illness, vacations, camps or schedule conflicts. If an athlete is injured and cannot train for more than a month or participate in workouts, a tuition adjustment may be considered if a doctor's note is provided.

We are unable to pro-rate tuition as we are responsible for full-time coaching salaries as well as rent payments whether an athlete is absent or not. Please consider this policy before you make a commitment to our programs. If you disagree with this policy, you may want to seek a program which prices tuition on a per use basis.

2015-2016 Other Costs to Consider

OTHER COSTS TO CONSIDER:

✓ **Choreography fee**

Is based on what the choreographer charges and will be in addition to tuition fees.

✓ **Competition Fees**

Competition fees include competition costs, entry fees, travel and accommodation.

Coaches expenses will be split evenly among all athletes attending the competition.

Please see Parent's Guide to Competition in this handbook for more information (pg. 11)

Team Apparel

- All athletes are required to purchase the competitive uniform:

Shorts: \$25.00 - \$40.00

Shirt: \$25.00 - \$40.00

Shoes: \$70.00 - \$120.00

Bows: \$30.00

Warm-up t-shirt and shorts:

- All athletes are required to purchase a competitive track suit

Track suits \$150.00 - \$200.00

- Fittings for uniforms and track suits will occur in October.

TEAM ADVENTURE IS NOT RESPONSIBLE FOR LOST OR STOLEN CLOTHING.

2015-2016 Commitments

Commitments include:

Cleanings
Bingo
Volunteering



Policies

- Commitments cannot be carried forward from one year to the next or from one member to another
- Commitments cannot be transferred from one activity to another (ie. Cleaning to bingo, etc.)
- Commitment buyouts will occur in December and the final month of training
- 50% of commitments (excluding Volunteer commitment), must be completed by December or will be charged
- Parents are responsible for finding substitutes for their commitments

Please see cleaning, bingo and volunteer commitments on 2015-2016 Fee Structure (pg. 15)

CLEANING:

Every family is required to participate in cleanings throughout the year. You will be asked to sign-up for cleanings at the beginning of the year and a schedule will be posted.

Please see CLEANING COMMITMENTS on 2015-2016 Fee Structure (pg. 15)

The cleaning chairperson, who is a parent volunteer, will be at the gym to assist you with your first cleaning and provide you with instructions. Each cleaning takes approximately 2 hours to complete.

If you are unable to attend a scheduled cleaning, you are responsible to find a substitute. The cleaning chairperson can also assist you in doing this. The chairperson can be contacted at cleaning@gymadv.ca If you do not attend or find a substitute, a no show charge of \$60.00 will be posted to your account. You may buyout your cleanings at any point in the season.

Responsible family members, friends and children 14 years and older can participate with cleanings. Children and adults are required to clean during scheduled cleanings rather than play on the equipment.

2015-2016 Commitments

Bingo

Every family is required to work Bingos throughout the year for the Optimist Gymnastics Association of Regina (OGAR), Gymnastics Adventure and T & T Adventure.

The Bingo hall is located:

Regina Bingo Palace - 190 Broad Street N

Please be at the Bingo Hall 15 minutes before your shift

Please see BINGO COMMITMENTS on 2015-2016 Fee Structure (pg. 15)

Every 3 months Bingo shift sign up sheet will be posted. If you cannot attend the Bingo you signed up for, you are responsible to find a substitute to fill your Bingo shift. If there is an emergency and you can not show up for a bingo, please call the Bingo Coordinator. If you do not give the required 24 hours notice to the Bingo Coordinator, a \$125.00 charge will be posted to your account. The bingo hall does evaluations on charity groups and there is a possibility of losing our license if we do not have the required workers. You may buy out your Bingos in December and April/May for \$125.00 per bingo.

You can share a bingo shift; however, this is only allowed for 6 hour bingo shifts. If you need to do this, you must remain at the hall until your replacement arrives. It is a club policy that absolutely no one under the age of 16 will be allowed to work a bingo. Please keep in mind when working a bingo that you represent our team and what our team stands for. Be positive and respectful in what you say and do.

Bingo Coordinator—Pinky Durning 306-949-6850

Volunteering

Team Adventure relies on volunteers to ensure that we can run competitions and bring in extra funds for the team.

Please see VOLUNTEER COMMITMENTS on 2015-2016 Fee Structure (pg. 15)

If you do not fulfill your volunteer commitment requirements, your account will be charged at the rate of \$60 per hour. You may buy out your volunteer hours for \$60 per hour at any point during the season.

The majority of the volunteer hours are completed by volunteering at our club competitions. Other opportunities would be helping with fundraisers, socials, equipment maintenance, building maintenance and special cleanings.

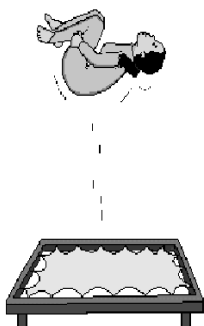
2015-2016 Commitments

Fundraising

There are a variety of fundraisers available for you to participate in throughout the year. Some examples of fundraisers:

- Mom's Pantry
- Meat
- Mabel's Labels
- Dieleman Christmas gift program
- Signage

Fundraising efforts help to offset competition costs and club costs. Fundraising information will be distributed throughout the year. Gymnastics Adventure Board of Directors is responsible for choosing the fundraising programs for the year.



Communication Policy

PURPOSE:

This communication policy is to provide for courteous, respectful and effective communication among all our members.

ALL COMMUNICATION SHOULD BE:

- honest
- respectful
- accurate
- non-abusive
- after 24 hours if there is an emotional concern - please wait 24 hours before contacting A-Mazing Adventures.

MEANS OF COMMUNICATION:

1. WITH COACHES:

- Please make an appointment through e-mail or by phone to speak with your child's coach.
- Under no circumstances should you approach your coach prior to class or after without an appointment.
- Devlin Williams and Danny Cooke are available for appointments if you require further action.

2. ACCOUNTS/ADMISTRATION RESPONSIBILITIES

- Please call or e-mail the gym directly regarding any questions you have about fundraising, cleanings, Bingo credits or fees.
- Presently, most administrative correspondence is sent by e-mail. Information will also be posted on the Competitive Blog and on the billboard at the Gym.

Training Start Dates

10 mth program (Cheer 6&9 hrs)

Start Week of Aug 30, 2015
End Week of June 27th, 2016

9 mth program (Cheer 4&5 hrs)

Start Week of Aug 30, 2015
End Week of May 30th, 2016

8 mth program (Cheer 3 hrs)

Start Week of Aug 30, 2015
End Week of April 25th, 2016

Important Dates to Remember (Gym Closed):

Canada Day July 1st
August Break August 3rd
Labour Day September 7th
Thanksgiving October 12th
Remembrance Day November 11th
Christmas Break December 23rd – 26th
New Years December 31 and January 1
Family Day February 15th
Easter Break March 25th—27th
Victoria Day— May 23rd

Parents Guide for Competition

Policies

- You will be informed in advance of all competition details. It is your responsibility to respond with a signed waiver form and the required entry fee by the date specified to avoid late charges. All forms will be posted to Team Adventure Blog.
- There will be a \$25.00 charge for late waiver and entry fee. There is no guarantee that a late registration will be accepted by the host club.
- **The club reserves the right to refuse a registration if submitted past the deadline or if your account is in arrears.**

Tips

- It is crucial that you refrain from coaching your child before or during the competition. You will be interfering with the ability of your child to focus on the strategy prepared by his/her coach.
- Parental strategies that we encourage you to employ include the following : "Good Luck" "Try your best" "hit your routine" "I love you".
- If you find that you are nervous, try to place some distance between yourself and your child in order not to affect him/her.

Meet Etiquette for Athletes and Family

Whether your meet is in your facility or in another gym, it is important that you and your athlete remember that hosting a meet takes a great deal of work. It is very important to have your registrations in on time so that the schedule can be made and sent out to the participating clubs. When the host gym receives the registrations, they finalize the sessions and schedules which takes time. Please DO NOT call the host gym for information. The proper etiquette is to ask your own coaches or office. It is his/her responsibility to furnish you with this information. Sometimes there are unforeseen problems that might cause a delay in this information being communicated, so be patient.

Unfortunately meet schedules change. Please consider this before making travel arrangements and please be flexible with your travel.

ALWAYS follow the host gym's rules. Here are a few rules that are common to ALL meets:

- ◆ No parents or siblings in the competition area
- ◆ No food or drinks in the gym
- ◆ No parents are allowed to approach the judges
- ◆ No spectators are allowed on any equipment
- ◆ No profanity
- ◆ No unsportsmanlike behavior
- ◆ No destruction of gym property

Competitive Dress Code

All gymnasts must wear the uniform, warm ups and track suit.

Stretch and Warm-Up

Gymnasts should arrive 15 minutes early to check in and get organized and changed for warm-up. Stretching and warm-up should be done as a team. Any athlete that arrives for warm-up more than 15 minutes late may not be allowed to compete in the competition due to safety concerns and rules of competition.

**For more information on competitions and insurance please visit Saskatchewan Cheerleading Association
Website —www.sca.ca**

Competition and Travel Costs

Athletes that attend competitions are responsible for their entry fees as well as the coaches' travelling expenses. The travel expenses will be divided by the number of athletes who attend the competition.

Being A Winning Parent

TRAINING SESSIONS

- Please ensure that your child arrives on time for training in the proper gym attire.
- Encourage your child in her/his activities and help them to foster respectful attitudes towards the coaches and officials.
- If you have any concerns about our programs, please come and speak to us directly so that we can address your concerns.
- **Please do not interrupt** training to speak with a coach. If you have a question, please make an **appointment** with your child's coach. This can be scheduled by calling or e-mailing the office.
- ***Under no circumstances may a parent approach a coach during training hours.***
- ***Please note that no outside food or drink is allowed in our facility. We encourage you to enjoy our café!*** An exception to this is that competitive athletes are encouraged to bring a snack from home to eat during their break.

◦ **ACCOUNTABILITY**

- It is your responsibility to support and uphold the rules and regulations of Team Adventure.
- Be honest with yourself about the goals and dreams you have for your child.
- Recognize that you can have a major effect on the success or failure of your child's performance.

◦ **RESPECT**

- Respect the coaches for their knowledge and their capacity to contribute to your child's growth and development.
- If conflict arises throughout the year, respect your coach and child and make **arrangements to meet** at a time that is convenient for both.

◦ **ACTION**

- Every time you work at positively communicating with your child and your child's coach, a winning gymnastics environment is developed.
- Accept your child for who he/she is.
- Encourage your child through positive reinforcement.
- Know your child's goals, dreams, challenges, limitations and achievements.



PARENT CODE OF CONDUCT and POLICY GUIDE

The Code of Conduct as outlined by Gymnastics Saskatchewan along with the Risk Management Handbook are enforced by Team Adventure. The code of conduct and policy guide are available on our website. These policies will be strictly adhered to; please ensure that you are familiar with them.

Team Adventure Parents' Responsibilities

- ◆ conduct myself according to the policies outlined in the GymSask Risk Management handbook
- ◆ provide positive support for my child and his/her coach
- ◆ pay my monthly and competition fees on time

Team Adventure Athletes' Responsibilities

- ◆ To abide by the rules and policies of Team Adventure
- ◆ To respect my fellow athletes as well as coaches and officials
- ◆ To provide positive moral support to my fellow athletes

Being A Winning Athlete

Dress Code

- ✓ All cheerleaders are encouraged to wear their warm-up gear during training
- ✓ Long hair must be tied back off the face
- ✓ No jewellery is allowed
- ✓ Specific uniforms and track suits are required for competitions
- ✓ Must bring cheer shoes

Team Spirit

Cheer is a sport that is based on teamwork. A team cannot succeed unless every member is fully dedicated to their teammates. Attendance is always mandatory and lack of attendance will be assessed by coaches. Coaches reserve the right to pull athletes from practice and routines at any time due to attendance issues.



“TEAM”

*Together everyone
achieves more!*

“CODE OF CONDUCT AND CODE OF ETHICS”

“ A athlete shall at all times, reflect honesty, good sportsmanship, courtesy and respect towards others”

If a Team Adventure athlete does not abide by the Code of Ethics or Code of Conduct the Coach of Team Adventure is empowered to apply the following penalties at their discretion:

- ✓ Verbal reprimand
- ✓ Written reprimand to the gymnast a copy sent to parents
- ✓ Time out from practice
- ✓ Suspension from the program, event or competition for a determined length of time

Team Adventure Athletes' Responsibilities

- ◆ Abide by the rules and policies of Team Adventure
- ◆ Respect my fellow athletes as well as coaches and officials
- ◆ Provide positive moral support to my fellow athletes
- ◆ ZERO tolerance for bullying

The athlete is most important. The athlete is expected to:

- ◆ Train with a positive attitude
- ◆ Have the dedication to face and overcome obstacles
- ◆ Have the perseverance to keep training when the going gets tough
- ◆ Respect their coaches
- ◆ Respect their team mates
- ◆ Respect their parents
- ◆ Set reasonable goals
- ◆ Maintain good attendance

2015-2016 Season

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Women's Artistic Gymnastics							
Level 4 – 16 hrs	4:00-8:00		4:00-8:00		4:00-8:00	9:00-1:00 Choreo / Training	
Level 3 – 12 hrs		4:00-8:00		4:00-8:00		1:30-5:30 Choreo / training	
Level 2A – 9 hours	4:45-7:45			4:45-7:45			1:00-4:00
Level 2B – 6 hrs			4:45-7:45		4:45-7:45		
Level 1A – 4 hrs				5:00-7:00		9:00-11:00	
Level 1B – 4 hrs		5:00-7:00				11:15-1:15	
Trampoline and Tumbling							
T&T A – 12/14 hrs		4:00-7:00	4:00-7:00		4:00-8:00		1:30-5:30 (1:30-3:30 for 12hr)
T&T B – 9 hrs	4:30-7:30		4:30-7:30		4:30-7:30		
T&T C – 9 hrs	4:30-7:30			4:30-7:30		2:00-5:00	
T&T D – 6 hrs				4:30-7:30			10:00-1:00
FC A – 6 hrs				4:30-7:30		12:00-3:00	
FC B – 3 hrs						2:00-5:00	
Cheerleading							
Senior – 6 hrs	7:00-10:00		7:00-10:00				
Junior – 5 hrs			6:00-8:00		5:00-8:00		
Open – 9 hrs		5:00-8:00			6:30-9:30		2:30-5:30
Youth – 4 hrs			5:30-7:30			12:00-2:00	
Mini – 3 hrs	4:30-6:00			4:30-6:00			
Tiny – 3 hrs		4:30-6:00				9:00-10:30	

*Note: This is a tentative schedule, subject to change based on program registration

2015-2016 Fee Structure

HOURS	TUITION MONTHLY RATE	GST	TUITION MONTHLY RATE	TUITION YEARLY RATE	Team Adv Fee	OGAR Membership \$15.00/ Family	Gym Sack Fee	Cheer Sack Fee	CLEANINGS PER YR		YEARLY COMMITMENTS		YEARLY BINGO	
									# of Clean	Pay Out \$60.00/ clean	# of volunteer hours	Pay Out \$60.00/hr	# required to work	Pay Out \$125.00
8/9/10 Month Cheer Program														
3hr/8mon	\$97.00	\$4.85	\$101.85	\$814.80	\$120.00			\$15.00	1	\$60.00	3	\$180.00	0	\$0.00
4hr/9mon	\$127.00	\$6.35	\$133.35	\$1,200.15	\$120.00			\$15.00	2	\$120.00	4	\$240.00	2	\$250.00
5hr/9 mon	\$155.00	\$7.75	\$162.75	\$1,464.75	\$120.00			\$15.00	3	\$180.00	5	\$300.00	3	\$375.00
6hr/10mon	\$184.00	\$9.20	\$193.20	\$1,932.00	\$120.00			\$15.00	4	\$240.00	6	\$360.00	4	\$500.00
9hr/10mon	\$270.00	\$13.50	\$283.50	\$2,835.00	\$120.00			\$15.00	5	\$300.00	8	\$480.00	5	\$625.00
10 Month Program														
3hr	\$143.00	\$7.15	\$150.15	\$1,501.50	\$75.00	\$15.00	\$63.00		1	\$60.00	3	\$180.00	0	\$0.00
4hr	\$179.00	\$8.95	\$187.95	\$1,879.50	\$75.00	\$15.00	\$63.00		2	\$120.00	4	\$240.00	2	\$250.00
12 Month Program														
6hr	\$237.00	\$11.85	\$248.85	\$2,986.20	\$75.00	\$15.00	\$63.00		4	\$240.00	6	\$360.00	4	\$500.00
9hr	\$308.00	\$15.40	\$323.40	\$3,880.80	\$75.00	\$15.00	\$63.00		5	\$300.00	8	\$480.00	5	\$625.00
12hr	\$394.00	\$19.70	\$413.70	\$4,964.40	\$75.00	\$15.00	\$123.00		6	\$360.00	10	\$600.00	6	\$750.00
14hr	\$425.00	\$21.25	\$446.25	\$5,355.00	\$75.00	\$15.00	\$123.00		6	\$360.00	11	\$660.00	7	\$875.00
16hr	\$449.00	\$22.45	\$471.45	\$5,657.40	\$75.00	\$15.00	\$123.00		7	\$420.00	12	\$720.00	7	\$875.00

**2015-2016
Parent and Athlete Contract**

I/We have read and accept the Team Adventure team information and policies in the attached parents' guide. I/we agree to support team activities as outlined, and fulfill all obligations thereof.

_____ has my/our consent and permission to participate in the Team Adventure program at the _____ level for _____ hrs/week for _____ months for the 2015-2016 season.

As the coaching and administrative staff has made a professional commitment to the athlete, the athlete and his/her family also commit themselves to the completion of the entire season.

Athlete Parent/Guardian

Photo Release Waiver

I hereby authorize A-Mazing Adventures to publish photographs of myself and/or my minor child or children, and our names and likenesses, for use in A-Mazing Adventures print, online and video-based marketing materials, or any other publications.

I hereby release and hold harmless A-Mazing Adventures from any reasonable expectation of privacy or confidentiality for myself and for my minor child or children. Further, I attest that I am the parent or legal guardian of my child or children and that I have full authority to consent and authorize A-Mazing Adventures to use their likenesses and names.

Parent/Guardian Printed Name Parent Signature

Date Witness Signature



TEAM ADVENTURE

Gymnasts aspire to achieve Excellence.



A Child's Adventure Centre

Women's Artistic Gymnastics Level: _____ Hours: _____

Trampoline and Tumbling Level: _____ Hours: _____

Cheer Age: _____ Level: _____

Athlete's Name _____

Birth Date (dd/mm/yy) _____ Phone _____

E-Mail (for billing/communication) _____

Address _____

City _____ Postal Code _____

Parent's Name _____ Cell # _____

Work # _____

Parent's Name _____ Cell # _____

Work # _____

Doctor's Name _____ Health # _____

Allergies: _____

Recent Injuries _____

Operations in Past Two Years _____

Medications _____

Voluntary Self Declaration
(Completion of this section is optional)

I am an Indigenous (Aboriginal) person of North America: _____

I am, by virtue of my race/ethnicity or colour, a visible minority of Canada: _____

I have a disability: _____

I/We have read and accept the A-mazing Adventure team information and policies in the attached parents' guide. I/we agree to support team activities as outlined, and fulfill all obligations thereof.

Parent/Guardian Signature Date _____

Amateur Athletic Waiver and Release of Liability

In consideration of being allowed to participate in any way in the A-mazing Adventure Inc., Gymnastics Adventure Assoc. Inc. and T&T Adventure Club Inc., athletic/sports program, related events and activities, the undersigned acknowledges, appreciates, and agrees that:

1. The risk of injury from the activities involved in this program is significant, including the potential for permanent paralysis and death, and while particular rules, equipment, and personal discipline may reduce this risk, the risk of serious injury does exist; and,
2. I knowingly and freely assume all such risks, both known and unknown, even if arising from the negligence of the releases or others, and assume full responsibility for my participation; and,
3. I willingly agree to comply with the stated and customary terms and conditions for participation. If however I observe any unusual significant hazard during my presence or participation, I will remove myself from participation and bring such to the attend of the nearest official immediately; and,
4. I, for myself and on behalf of my heirs, assigns, personal representatives and next of kin, hereby release and hold harmless A-mazing Adventures Inc., Gymnastics Adventure Assoc. Inc. and T&T Adventure Club Inc., their officials, agents and/or employees, other participants, sponsoring agencies, sponsors, advertisers, and, if applicable, owners and leasers of premises used to conduct the event ('releases"). With respect to any and all injury, disability, death, or loss or damage to person or property, whether caused by the negligence of the releases or otherwise.

I have read this release of liability and assumption of risk, fully understand its terms, understand that I have given up substantial rights by signing it, and sign it freely and voluntarily without any inducement.

Participants Name (Printed) Parent's Signature

Date

Witness Name (Printed) Witness Signature

A-Mazing Adventures Inc. – Electronic Funds Transfer (EFT) Agreement

CUSTOMER (ACCOUNT HOLDER) INFORMATION (Please print clearly)		
Name:		
Mailing Address		
City	Province	Postal Code
Telephone Number		

Choose one of the following two payment methods below, payment by Pre-Authorized Debit (PAD) or payment by Credit Card (Visa, MasterCard).

PRE-AUTHORIZED DEBIT (PAD) PAYEE DETAILS		
Company Name: A-Mazing Adventures Inc.		
Mailing Address: 210 N Leonard Street		
City: Regina	Province: Saskatchewan	Postal Code: S4N 5V7
Telephone Number: 306-789-3133	Fax: 306-789-3533	
E-mail: info@gymadv.ca		

Account Information: The account that the Payee is authorized to draw upon is indicated above. A specimen cheque available for this account as been marked "VOID" and is attached to this authorization.

OPTION 1 – BANK ACCOUNT INFORMATION (for PAD)			
<i>Instructions: Please complete to instruct your Financial Institution to make payments directly from your</i>			
Deposit Account Number		Branch Transit Number	
Financial Institution			
Chequing Account		Savings Account	
Financial Institution:			
Branch Address:			

OPTION 2 - CREDIT CARD INFORMATION	
Card Owner:	
Card Number:	
Expiry Date:	CVD (three digit number on back of card):

A-Mazing Adventures Inc. – Electronic Funds Transfer (EFT) Agreement

Accuracy and Changes in Account Information: By signing this Authorization, we certify that all information contained in this form is accurate and we agree to inform the Payee, in writing, of any change in the information provided prior to the next due date of the EFT.

Valid Signing Authority: We warrant and guarantee that all persons whose signatures are required to sign on this account have signed this agreement below.

Authority To Debit Account: We hereby authorize the Payee to draw on our account indicated above with our Financial Institution or Credit Card, for the following purpose; *Tuition Fees, Commitment buyouts, Membership Fees and/or Competition Fees*

We understand and agree to this EFT arrangement and to the disclosure of any confidential information to any third parties as may be required to process the EFT in accordance with the CPA Rules.

Dated this _____ day of _____, 20_____

Authorized Signatory Name (please print)

Authorized Signatory Name (please print)

Please Submit form to administration office