

Gymnastics Saskatchewan

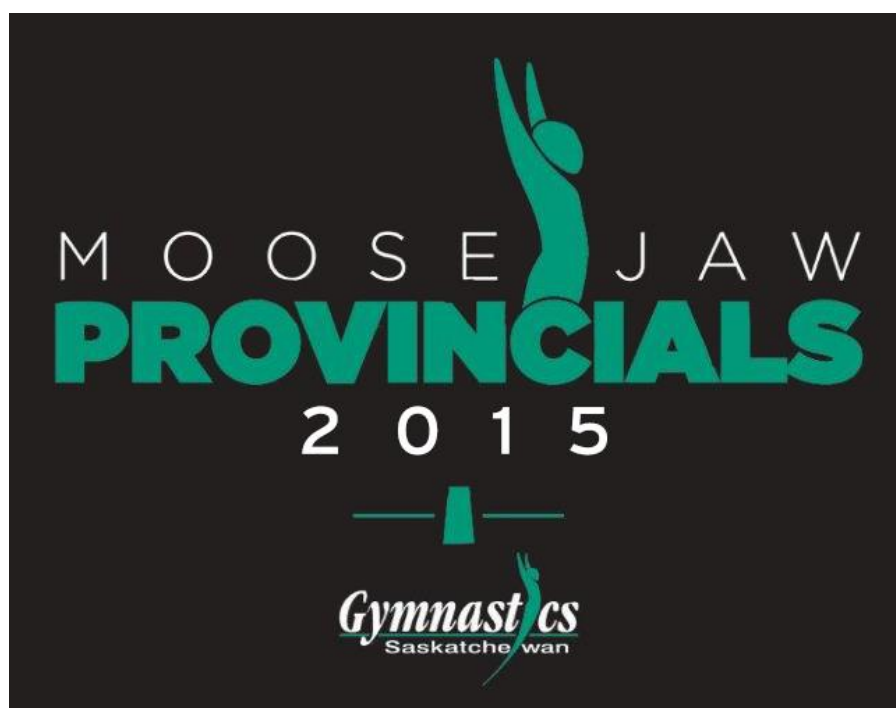
in partnership with

Gymtastiks of Moose Jaw

welcomes you to

2015 PROVINCIAL CHAMPIONSHIPS

APRIL 10th to 12th



YARA CENTRE

1220 High Street West, Moose Jaw, SK

Competition Categories

The 2015 Provincial Championships will crown champions in Provincial and National level for all 4 Gymnastics Disciplines:

- Women's' Artistic Gymnastics
- Men's' Artistic Gymnastics
- Trampoline and Tumbling Gymnastics
- Rhythmic Gymnastics

Competition Venue

The Event will be held in the Yara Centre in Moose Jaw. The Yara Centre is a new indoor soccer facility in Moose Jaw. With 3000 square meters, we will have room to highlight all of our Gymnastics disciplines in one location. The facility is located at 1220 High Street West in Moose Jaw.

Gymnastics Saskatchewan Provincial Awards

The following special awards will be presented at this competition to recognize the top athletes and clubs in our province:

- WAG Joan Flood Award for Top Provincial 1 Team
- WAG Stan Raczyniski Award for Top Provincial 2 Team
- WAG Tom Lightfoot Award for Top Provincial 3 Team
- WAG Gerald Marchildon Award for Top Combined Provincial 4/ 5 Team
- WAG Patti Sebestyen Award for Top Provincial 1-4/5 Team
- WAG Gymnastics Saskatchewan Award for Best Floor Choreography (each level P1-P5, PN)
- WAG Karen Sills Award for Best Floor Choreography (National, High Performance)
- WAG Karen Sills Award for Best Balance Beam Choreography (National, High Performance)
- MAG Stu Cram Award for Top Provincial 1 Team
- MAG Gymnastics Saskatchewan Award for Top Provincial 2 Team
- MAG Gymnastics Saskatchewan Award for Top Provincial 3/4/5 Team
- MAG Chuck Sebestyen Award for Top Provincial 1-5 Team
- TTG Gymnastics Saskatchewan Award for Top Trampoline Team
- TTG Gymnastics Saskatchewan Award for Top Tumbling Team
- TTG Gymnastics Saskatchewan Award for Top Double-Mini Team
- RG Marta Kroupa Award for Top Individual Provincial Level
- RG Victoria Buriana Memorial Provincial Group Trophy

Registration Fees

- \$110/athlete for Provincial Championships
 - Additional \$20 for RG athletes competing in both Individual and Group events
 - \$50/athlete for Alberta Provincials Cup Trials
 - \$50/athlete for WAG or MAG Western Canada Summer Games Trials
 - \$40/coach
- Please make one cheque per club payable to **Gymnastics Saskatchewan**

Registration Process and Deadline

The Registration Spreadsheet can be found on the Gym Sask website - just click on the Provincials item on the Event Calendar.

Excel Registration forms - including Judge Registrations - must be emailed to Karen Swanson at kswanson@sastel.net by **March 20th**.

Cheques (with a copy of the summary sheet) must be mailed to the Gymnastics Saskatchewan, 1870 Lorne St. Regina S4P 2L7. Envelopes must be postmarked no later than March 20th.

Athlete waivers should be mailed to Gym Sask with the cheque and summary.

A late registration fee of \$20/athlete will be applied after March 20th.

Note: WAG athletes who qualify at the Yorkton Springers Invitational can register after the March 20th deadline and will NOT be assessed a late fee.

Refunds will be issued for medical reasons only upon receipt of a doctor's certificate.

Judge Registration Deadline

Judges' names MUST be submitted along with athlete registration by **March 20th or a fine of \$25 per required judge will be assessed.**

Coach Certification

Only coaches verified as NCCP Level 2 will be allowed on the competition floor. Exemption requests must be sent to Gymnastics Saskatchewan prior to registration.

Rhythmic Scripts

RG Routine scripts must be completed and submitted by April 3rd to:
Gymnastics Saskatchewan
1870 Lorne St
Regina, SK S4P 2L7
Fax 780-9475
info@gymsask.com

Equipment

FIG Equipment Specs will be set up for all Disciplines. All WAG and MAG equipment will be AAI equipment supplied by Skyline Athletics and will be for sale at the completion of the competition. A complete price list of equipment for sale can be found in the Provincials Event section of the Gym Sask website.

Merchandise

A shirt order form can be found in this package and on the Gym Sask website. Deadline to place an order is March 20th.

The cheque must be payable to Gymtastiks of Moose Jaw and must be mailed to 1599 Main St. N Moose Jaw S6J 1L5. Do not send merchandise order to Gym Sask with your athlete registration.

Host Hotel

Heritage Inn & Convention Centre
1590 Main St N
(306) 693-7550

Quote-Moose Jaw Gymnastics
Rooms have been blocked until March 10th

Inquiries

Gymtastiks of Moose Jaw
(306) 692-2303
gymtastiks@live.com

Gymnastics Saskatchewan
Karen Swanson
kswanson@sasktel.net
(306) 533-3776

Coaches, Judges, Volunteers

The **Gym Sask** Board and Staff would like to thank you for all that you have contributed to our sport and to our athletes this year. Please join us at the **Heritage Inn** on Saturday, April 11, 8:00 for an informal time of fun and friendship.

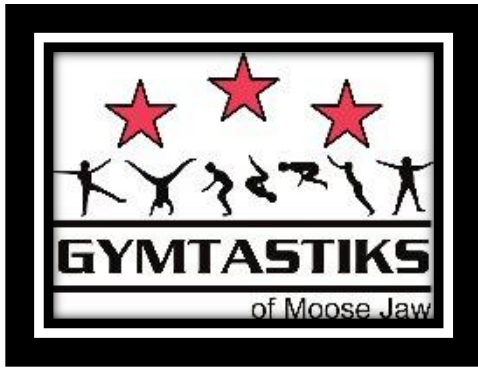
PROVINCIALS 2015 – Draft Schedule

(Feb 19, 2015)

| | WAG | MAG | TT | RG |
|---|--|-------------|-----------------|----------|
| FRIDAY | | | | |
| Possible session depending on numbers | P1 | | | |
| Session 1 Afternoon | P1 | | Open Gym | |
| Session 2 Early Evening | P4 | WCSG Trials | P1 Prelims | |
| SATURDAY | | | | |
| Session 3 Morning | P2 | P1-2 | P1 Finals | |
| Session 4 Afternoon | P3 | P 3/4/5 | Open Gym | |
| GYMNASTICS SHOWCASE ATHLETE MARCH IN | | | | |
| Session 5 Early Evening | P5/Nat/CPN (30) Provincials & WCSG Trials & Western Trials (P4 for Western Trials) | Nat/Elite | P2- Nat Prelims | RG Day 1 |
| GYM SASK SOCIAL 8:30 Heritage Inn Coaches, Judges, Volunteers | | | | |
| SUNDAY | | | | |
| Session 6 Morning | | | P2-Nat Finals | RG Day 2 |
| Session 7 Afternoon | | | | |

RG Detail

- **Saturday, April 11:** Level 3B, 3C, 4C, 5A, 5B, 6B, 6C, National Individual (1st and 2nd routines each) + 1st Group routine
- **Sunday, April 12:** Level 2A, 2B, 3A, 4A (1st and 2nd routines each) + 3B, 3C, 4C, 5A, 5B, 6B, 6C (3rd routine each) + National (3rd and 4th routine each) + 2nd Group routine



PARTICIPANT WAIVER FORM

Club: _____

Name of Athlete: _____

Date of Birth (d/m/y): _____ Age (as of Dec 31, 2015): _____

Home phone: _____ Cell Phone: _____

Emergency Contact during event: _____ Phone: _____

In consideration of your acceptance of my entry, intending to be legally bound do hereby, for myself, my heirs, executors and administrators waive and release and forever discharge any and all rights and claims for damage which I may have or may hereafter accrue to me against **Gymnastics Saskatchewan** and/or **Gymtastiks of Moose Jaw**, the organizers or their respective officers, agents, representatives and/or assigns for any and all damages which may be sustained and suffered by me in connection with my association with or entry in the above athletic meet or which may arise out of my travelling to or participating in and returning from said athletic meet.

Signature of Participant: _____

Date: _____

Signature of Parent / Guardian: _____

Date: _____

**Gymnastics Saskatchewan Provincial Championships
REGISTRATION**

All athletes, coaches and judges must be registered using the 2015 PROVINCIALS REGISTRATION FORM found on the Gym Sask website.

STEPS to register:

1. Click on the link to the Excel Registration spreadsheet which is found on the Gym Sask website - just click on the Provincials item on the Event Calendar.
2. Save the spreadsheet to your computer
3. Add all athletes, judges and coaches to the appropriate sheet - see the tabs along the bottom
4. Calculate fees owing on the Summary tab
5. Save spreadsheet and email to info@gymsask.com
6. Mail cheque with copy of the summary sheet and waivers to Gym Sask, 1870 Lorne St, Regina S4P 2L7
7. Mail shirt order forms with payment to Gymtastiks of Moose Jaw, 1559 Main St, N. S6J 1L5. **DO NOT send shirt payment to Gym Sask.**

